



Important Employee Updates  
November 12, 2025

## 2026 Federal Employees Benefits Open Season

The Federal Employee Health Benefits Open Season for 2026 runs from **November 10 through December 8, 2025**. During this time, eligible federal employees can enroll in, change, or cancel coverage for the:

- Federal Employees Health Benefit Program (FEHB);
- Federal Employees Dental and Vision Insurance Program (FEVIP); and
- Federal Flexible Spending Account Program (FSAFEDS)

The Department strongly recommends employees visit the Office of Personnel Management's [Open Season Information Page](#) to review coverage options for 2026. Current plans may change service areas, coverage options, benefits, and/or rates and some plans may be dropped altogether.

***At this time, the Department has not received notice of any plans to extend Open Season due to the lapse in federal funding; therefore, employees should ensure plan changes and elections are made no later than December 8, 2025.***

### **How do employees switch plans or enroll in FEHB?**

Starting November 10, all plan changes and elections should be made using the "Self Service" function within the [Employee Personnel Page \(my EPP\)](#).

If employees are unable to access my EPP, a [Health Benefits Election Form](#) (SF-2809) along with any required supporting documentation can be submitted to servicing human resources offices. Employees should contact their servicing human resources office's benefits specialist for alternative submission instructions.

### **What if employees are happy with their current FEHB plan?**

If employees are satisfied with their current FEHB plan, no action is required during Open Season. If employees do not make any enrollment changes, **new benefit or rate changes will apply beginning the first pay period of 2026 (January 11, 2026)**. As a reminder, no changes in coverage plans may be made once Open Season ends unless employees experience a [Qualifying Life Event](#).

For questions regarding alternative submission instructions, employees should contact their servicing human resources office:

- OHRM Talent Support Customers (including Census and NOAA) – [myservicehub@doc.gov](mailto:myservicehub@doc.gov) / (888) 316-2285
- NIST – Brenda Perry, [brenda.perry@nist.gov](mailto:brenda.perry@nist.gov) / (301) 366-6239