



About Henry Yampolsky

Henry Yampolsky is a mediator, educator, TEDx speaker, and lawyer who serves as the Assistant Director for Education, Outreach, and Conflict Resolution at Virginia Tech's Office for Equity and Accessibility. He also teaches Mediation, Conflict Resolution, and Peace Building as part of Virginia Tech's Center for Peace Studies and Violence Prevention. Henry has worked with hundreds of complex conflicts and has taught and lectured around the world, including at: Columbia University School of Law, the New York Peace Institute, the National Museum of American Jewish History, Bellevue Mediation in Zurich, Gandhi Smriti and Darshan Samidi (International Gandhi Center and Museum) in New Delhi, Bharathiar University in Coimbatore, India, and at the Sattva Summit in Rishikesh, India.

Henry is also a master-level instructor of Sattva Yoga, having studied yoga in Rishikesh, India. Henry's TEDx talk about what crossing the Himalayas on a motorcycle taught him about conflict, connection, and dialogue is available on TED.com. Prior on embarking on a career in peacebuilding and conflict resolution Henry was a trial lawyer in Philadelphia. Henry has a Juris Doctorate from Temple University and a Bachelor of Science Degree in International Studies from the University of Scranton.



Henry Yampolsky, J.D. – President of Living Peace Institute, LLC

Upcoming Trainings:

Respect, Equity, Anti-Discrimination Active Intervention (READ AI/Bystander Intervention) is a highly interactive workshop. This training focuses on equipping participants with the knowledge and tools to actively prevent and address discrimination and harassment in the workplace and in public spaces, particularly under Federal Civil Rights laws such as Title VI (prohibiting discrimination based on race, color, and national origin in federally funded programs) and Title VII (prohibiting employment discrimination based on race, color, religion, sex, or national origin). The training covers three critical stages of active intervention: recognizing harassment, deciding to act and intervening safely and effectively. This training promotes four main strategies for intervening in situations of harassment or discrimination: Direct, Distract, Support, and Delegate. This training not only helps individuals prevent discrimination and harassment but also fosters a culture of accountability, respect, and safety for all. (1.5 hours)

12/6/2024

Category: Bystander Intervention Training (1:30pm – 3pm)

Audience: All Federal DOC employees

Moving from Conflict to Collaboration (Trauma Awareness)

Moving from Conflict to Collaboration is a highly interactive workshop designed to equip the participants with real-world tools for responding to conflict and other challenging interactions with trauma awareness, clarity, and compassion, instead of reacting with fear, avoidance, or aggression.

01/07/2025

Category: Trauma Informed Training (10:30am – 12pm)

Audience: GS13-15 (Supervisory), SES

Living Peace Institute, LLC

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