U.S. Department of Commerce Office Safety Inspection Checklist for Supervisors and Program Managers

Name:	Division:
Location:	Date:

Signature:

This checklist is intended as a guide to assist supervisors and program managers in conducting safety and health inspections of their work areas. It includes questions relating to general office safety, ergonomics, fire prevention, and electrical safety. Questions which receive a "**NO**" answer require corrective action. If you have questions or need assistance with resolving any problems, please contact your safety office. More information on office safety is available through the Department of Commerce Safety Office website at http://ohrm.doc.gov/safetyprogram/safety.htm.

Work Environment

Yes O	No O	N/A O	Are all work areas clean, sanitary, and orderly?
0	0	0	Is there adequate lighting?
0	0	0	Do noise levels appear high?
0	0	Ο	Is ventilation adequate?

Walking / Working Surfaces

Yes	No	N/Ă	
0	0	0	Are aisles and passages free of stored material that may present trip hazards?
0	0	0	Are tile floors in places like kitchens and bathrooms free of water and slippery substances?
0	0	0	Are carpet and throw rugs free of tears or trip hazards?
0	0	0	Are hand rails provided on all fixed stairways?
0	0	0	Are treads provided with anti-slip surfaces?
0	0	0	Are step ladders provided for reaching overhead storage areas and are materials stored safely?
0	0	0	Are file drawers kept closed when not in use?
0	0	0	Are passenger and freight elevators inspected annually and are the inspection certificates available for review on-site?
0	0	0	Are pits and floor openings covered or otherwise guarded?
0	0	0	Are standard guardrails provided wherever aisle or walkway surfaces are elevated more than 48 inches above any adjacent floor or the ground?
0	0	0	Is any furniture unsafe or defective?
0	0	0	Are objects covering heating and air conditioning vents?

FORM CI (9/02) Ergonor			
Yes	No	N/A	
Ο	0	0	Are employees advised of proper lifting techniques?
0	Ο	0	Are workstations configured to prevent common ergonomic problems? (Chair height allows employees' feet to rest flat on the ground with thighs parallel to the floor, top of computer screen is at or slightly below eye level, keyboard is at elbow height. Additional information on proper configuration of workstations is available through the Commerce Safety website at http://ohrm.doc.gov/safetyprogram/safety.htm)
0	Ο	Ο	Are mechanical aids and equipment, such as; lifting devices, carts, dollies provided where needed?
О	0	0	Are employees surveyed annually on their ergonomic concerns?

Emergency Information (Postings)

Yes		N/A	
Ο	0	0	Are established emergency phone numbers posted where they can be readily found in case of an emergency?
0	0	0	Are employees trained on emergency procedures?
0	0	0	Are fire evacuation procedures/diagrams posted?
0	0	0	Is emergency information posted in every area where you store hazardous waste?
0	0	0	Is established facility emergency information posted near a telephone?
0	0	0	Are the OSHA poster, and other required posters displayed conspicuously?
0	0	0	Are adequate first aid supplies available and properly maintained?
0	0	0	Are an adequate number of first aid trained personnel available to respond to injuries and illnesses until medical assistance arrives?
0	0	0	Is a copy of the facility fire prevention and emergency action plan available on site?
0	0	0	Are safety hazard warning signs/caution signs provided to warn employees of pertinent hazards?

Fire Prevention

Yes	No	N/A	
0	0	Ο	Are flammable liquids, such as gasoline, kept in approved safety cans and stored in flammable cabinets?
0	0	0	Are portable fire extinguishers distributed properly (less than 75 feet travel distance for combustibles and 50 feet for flammables)?
0	0	0	Are employees trained on the use of portable fire extinguishers?
0	0	0	Are portable fire extinguishers visually inspected monthly and serviced annually?
0	0	0	Is the area around portable fire extinguishers free of obstructions and properly labeled ?
0	0	0	Is heat-producing equipment used in a well ventilated area?
0	0	0	Are fire alarm pull stations clearly marked and unobstructed?
0	0	О	Is proper clearance maintained below sprinkler heads (i.e., 18" clear)?

FORM **CD-574** (9/02)

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Emerge	ency Ex	cits	
Yes	No	N/A	
0	0	0	Are doors, passageways or stairways that are neither exits nor access to exits and which could be mistaken for exits, appropriately marked "NOT AN EXIT," "TO BASEMENT," "STOREROOM," etc.?
0	0	Ο	Are a sufficient number of exits provided?
0	0	0	Are exits kept free of obstructions or locking devices which could impede immediate escape?
0	0	0	Are exits properly marked and illuminated?
0	0	0	Are the directions to exits, when not immediately apparent, marked with visible signs?
0	0	Ο	Can emergency exit doors be opened from the direction of exit travel without the use of a key or any special knowledge or effort when the building is occupied?
0	0	0	Are exits arranged such that it is not possible to travel toward a fire hazard when exiting the facility?

Electrical Systems

(Please have your facility maintenance person or electrician accompany you during this part of the inspection) Yes No N/A

Yes O	No O	N/A O	Are all cord and cable connections intact and secure?
0	0	0	Are electrical outlets free of overloads?
0	0	0	Is fixed wiring used instead of flexible/extension cords?
0	0	0	Is the area around electrical panels and breakers free of obstructions?
0	0	0	Are high-voltage electrical service rooms kept locked?
0	0	0	Are electrical cords routed such that they are free of sharp objects and clearly visible?
0	0	0	Are all electrical cords grounded?
0	0	0	Are electrical cords in good condition (free of splices, frays, etc.)?
0	0	0	Are electrical appliances approved (Underwriters Laboratory, Inc. (UL), etc)?
0	0	0	Are electric fans provided with guards of not over one-half inch, preventing finger exposures?
0	0	0	Are space heaters UL listed and equipped with shutoffs that activate if the heater tips over?
0	0	0	Are space heaters located away from combustibles and properly ventilated?
0	0	0	In your electrical rooms are all electrical raceways and enclosures securely fastened in place?
0	Ο	0	Are clamps or other securing means provided on flexible cords or cables at plugs, receptacles, tools, equipment, etc., and is the cord jacket securely held in place?
0	0	Ο	Is sufficient access and working space provided and maintained about all electrical equipment to permit ready and safe operations and maintenance? (This space is 3 feet for less than 600 volts, 4 feet for more than 600 volts)

FORM CD	-574		
(9/02)			
Materia	l Stora	ige	
Yes	No	N/A	
0	0	0	Are storage racks and shelves capable of supporting the intended load and materials stored safely?
0	0	0	Are storage racks secured from falling?
Ο	0	0	Are office equipment stored in a stable manner, not capable of falling?