DOC Quarantine Policy

Quarantine separates and restricts the movement of people who are exposed to COVID-19 and is different than Isolation. Please refer to the Department’s Quarantine Policy below and reach out to your facility leadership for any questions regarding Quarantine Policy specific to your role or location.

### QUARANTINE

<table>
<thead>
<tr>
<th>Not Up to Date on Vaccination</th>
<th>Up to Date on Vaccination</th>
<th>Recently Recovered from COVID-19</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Stay Home</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Quarantine for at least 5 full days.</td>
<td>Quarantine is <strong>not required.</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Testing and Mask Use</strong></td>
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</tr>
<tr>
<td>Wear a mask for 10 days and get tested at least 5 days after exposure.</td>
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<tr>
<td><strong>Precautions</strong></td>
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</tr>
<tr>
<td>Monitor for symptoms until 10 days after contact and avoid high risk people.</td>
<td><strong>Begin isolation immediately if any symptoms develop.</strong></td>
<td></td>
</tr>
</tbody>
</table>

**Counting Days**
Day 0 is the day you are exposed to COVID-19.

**Up to Date**
To be up to date on COVID-19 vaccination, you must receive all doses you are eligible for, as recommended by the Centers for Disease Control and Prevention (CDC).

**Recently Recovered**
To qualify as recently recovered, you must have had a positive test result that is less than 90 days old.

**Testing**
Refer to the DOC Screening Testing Policy for information on allowable tests. If you have recently recovered from COVID-19, you should seek antigen testing due to persistent positive results on PCR testing.

When quarantine is not required after close contact, supervisors are **encouraged to offer optional situational telework** to staff who prefer to work from home for up to 5 days after exposure to a known case of COVID-19.

For more information, please refer to the Department’s Info Hub.
DOC Isolation Policy

Isolation separates sick people with confirmed COVID-19 from people who are not sick and is different than Quarantine. Please refer to the Department’s Isolation Policy below and reach out to your facility leadership with any questions regarding Isolation Policy specific to your role or location.

**ISOLATION**

**Symptomatic COVID-19**

**Stay Home Until**

A **negative COVID-19 test is obtained** after 5 full days of isolation (onset of symptoms or positive test is day 0) and no fever is present without the use of fever-reducing medication, and other symptoms are improving. Individuals should continue to wear a mask around others for the remainder of 10 days avoid high risk people, and not travel.

*OR*

10 days have passed since symptoms first appeared and **24 hours have passed with no fever** without the use of fever-reducing medication, and other symptoms are improving.

**Asymptomatic COVID-19**

**Stay Home Until**

A **negative COVID-19 test is obtained** after 5 full days of isolation (positive test is day 0) and no symptoms have occurred. Individuals should continue to wear a mask around others for the remainder of 10 days, avoid high risk people and do not travel.

*OR*

10 days have passed since the positive COVID-19 test and **no symptoms have occurred**.

For more information, please refer to the Department’s Info Hub.